



Blood Tests for Him

Hormones

Testosterone
SHBG
Oestradiol
Prolactin*
FSH
LH

Infection & Inflammation Markers

CRP C-Reactive Protein
PSA
White Blood Cells
Liver Enzymes
Kidney Function

Thyroid Markers

TSH
Free T4

Nutrients

B12
Folate
Iron
Ferritin
Vitamin D – if possible

Glucose Markers

Fasting Glucose*
HbA1c

*Cholesterol**

- Triglycerides
- HDL
- LDL

Best Time to Check

These bloods can all be checked at the one appointment. The markers with an asterisk beside them need to be checked in a fasted state so a morning appointment will be best suited.

